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Saint Teresa School

*We are a faith-filled Catholic community called by God
to teach, nurture and guide our children
to achieve their God-given potential on life's journey to heaven.*

Faith Community Academic Excellence



March 13, 2019

Dear St. Teresa School Family,

How old should children be before being allowed to access social media? What is the parents' role in monitoring social media use by elementary-aged children? Abbe Edgecombe, our SCIP coordinator, recently shared the following:

“Below are some really great websites that we feel have great educational information for parents on social media use and kids. I am also attaching some templates for Family Media Contracts (if you scroll down you will see one for elementary, middle and high school students). Most research will say that the age at which kids should have access to social media really depends on a number of factors. For example, developmental maturity of student, the role parents play in terms of monitoring and setting limits/balance, and the type of social media students are accessing. I know that isn't a simple answer but there are just so many factors. As a parent of 4 teenagers and two college students myself, both professionally and personally, I turn to the below websites for guidance. I think the number one rule parents need to stick with is, kids need guidance as to how to navigate social media appropriately and safely. We can't just give them access without ongoing discussion and monitoring.”

Connect Safely- Provides parents with guides as to when and how to use social media safely. It also has a lot of great educational information and tips on safe social media/technology use. <https://www.connectsafely.org>

Cyber Wise- This provides parents with tips and educational resources to help keep them informed on digital citizenship issues and educational information surrounding social media, cyberbullying, etc. <http://www.cyberwise.org>

Commonsense Media- This is a great resource to learn more about games and apps that kids are accessing. It also highlights safety issues surrounding social media and other forms of online media. <https://www.common sense media.org/>

Cyberbullying Research Center- Much more than just cyberbullying, it includes information for educators and parents on online safety (include social media). <https://cyberbullying.org/>

This is an article from the Cyberbullying Research Center that gives some good information on kids and social media access. <https://cyberbullying.org/give-your-kid-snapchat-or-instagram>

May God bless you all as you navigate social media, and media in general with your children.

In Christ the King,
Sister Mary Faustina, C.K.

DATES for: March

- 13-27 CSS Food Drive
- 14 7 p.m. Spring Program (K-4th) in the gym; 2 p.m. Dress Rehearsal for those who can't make it in the evening
- 15 Grades 2,4 & 8 Confessions Stations of the Cross 2:45 p.m.
- 18 Grade 4 Service Project (Pink Sisters)
- 20 Wed. FACTS registration assistance at school, 6-8 p.m. Report Cards issued
- 21 Grade 8 Service Project (Meals on Wheels)
- 22 Stations of the Cross 2:45 p.m. Grade 3 Service Project (CSS)
- 28 6th grade field trip
- 29 Stations of the Cross 2:45 p.m.

THINGS BEING SENT HOME: Tuition Statements for preK and Grade School Families; Lunch & Library Notices; St. Francis Food Pantry sacks; Grades 4 & 8 Service Project forms

ATTACHMENTS: Family media contracts; Eucharistic Procession around Planned Parenthood

PRAY FOR SEMINARIAN: Matthew Schilmoeller, St. Gregory Seminary, College 4, NAM parish

K-4TH SPRING PROGRAM: March 14, 7:00 p.m. Students should wear their uniforms with a green polo shirt. For those who cannot attend the evening performance you may attend the 2:00 pm Dress Rehearsal.

HOLY HOUR WITH THE SISTERS for 6th-8th grade girls. Join the Sisters on Thursdays for holy hour at the convent, beginning Thursday, March 21st through the end of the school year. Arrive by 5:20 p.m. Holy hour includes silent adoration time and Vespers. Pick up at 6:30 p.m.

SCHOLARSHIP DEADLINE: As a reminder there are many scholarships available for students and families for the 2019-2020 school year. We would like to encourage all families to apply for scholarships. So far we have 30 families who have applied. The Scholarship Application deadline is March 31st for the 2019-2020 school year. An email was sent out last week of materials to have on hand and where to apply or you may go to <http://www.goodshepherdscholarship.com> (or your local FACTS link) to apply today!

EUCCHARISTIC PROCESSION: April 16, 2 p.m. around Planned Parenthood. (see attachment for details)

ST TERESA'S PARISH ADORATION PROGRAM is looking for parents during the day to spend 1 hour a week in Adoration. There are times available on Tuesdays, Wednesdays, and Thursdays. There are also spots available for additional adorers on most hours. I know that we are all busy, but I ask that you take this request to prayer and ask Our Lord if this is an area in which you can serve the Parish. If you cannot take an hour due to having little ones at home, one idea to consider is to find another parent who would be willing to watch your children for your Holy Hour and then you can watch their children for their Holy Hour. Please call Vinny Lombardo at 402-618-4722 if you have any questions or would like to schedule an hour. Know that you are being prayed for! Vinny Lombardo

WAYS TO SERVE

ST. TERESA SCHOOL KITCHEN COOKBOOK FUNDRAISER: Mmm mm! Share your delicious recipes and get your name posted next to it in our cookbook. Submit them to us before 3/15/19. You can either email the recipe(s) to st.tscookbook@gmail.com or print out the newsletter attachment and fill out the form on the back and turn them into the school or church rectory. This information is also posted on the school Facebook page. Fundraiser proceeds will go towards the school kitchen renovation with any remaining funds going back to our parish. Presales for the cookbook will be obtained before and after each weekend Mass with the last day being 3/17/19. First copy is \$15 and any additional copies will be discounted to \$12.50.

SCRIP NEWS: SHOPKO Scrip is available to purchase. Please consider helping us deplete our inventory before the Lincoln stores close. Shopko Scrip can be used at the optical departments. There are \$100 cards and \$25 cards. Grab yours and go shop the "Going Out Of Business Sales".

UPCOMING EVENTS / REMINDERS

SERVICE HOURS for the 2018-2019 school year are due on April 30, 2019. 1st-4th grades turn into the office. Grades 6-8 can be submitted to their homeroom.

EIGHTH GRADE ENRICHMENT AWARD: Provides funds to 8th grade students to help pay tuition at Pius X High School. The award is based on a written essay, religious/service activities, academic record, and financial need. **Do you know anyone or a business who would like to contribute to this fund? If so, donations can be made out to St. Teresa School.**

KNIGHTS OF COLUMBUS FISH FRY DINNERS- every Friday of Lent except Good Friday from 4:30-7:30 p.m. at the Knights of Columbus Hall – 6044 South Street.

6th GRADERS: All 6th grade students are required to have a physical exam, DPT booster, two doses of the Varicella vaccine, and immunizations record by a qualified physician **within six months prior to the entrance into 7th grade.** Sometimes it takes a long time to get in, and if you wait until summer to get an appointment, you may not get in before

the start of the school year. Please schedule the appointment soon. **A copy of your student's physical and a complete list of immunizations from your provider is due in the school office before Aug. 16, 2019.**

PRESCHOOL: St. Teresa School is accepting registrations for its Preschool program, which introduces 4 and 5 year olds to the Catholic School atmosphere--operating within the framework of stimulating the child's spiritual, intellectual, physical, social and psychological growth and development. Students must be 4 years old by July 31. Fees: \$25.00 registration fee; MWF 8:00-11:00 = \$110/Month (\$990/year) or T/Wed/Thu 12:15-3:15 = \$110/Month (\$990/year) or T/Th 8:00-11:30 = \$100/Month (\$900/year). Please call the school office (402-477-3358) for registration papers.

CATHOLICS AT THE CAPITOL: You are invited to attend this annual advocacy day, **Catholics at the Capitol**, on **March 27**. In this legislative session, **your in-person, informed advocacy is so important, now more than ever.** During our Catholics at the Capitol morning session, you will receive a thorough update of important legislation facing the legislature this session and receive training on how to talk to your state senator and other elected officials. Then, you will have an opportunity to put your new skills and knowledge into practice when we head over to the Capitol to meet your senators. We will end the day with an optional lunch (\$10) with state senators at the Newman Center. Find a detailed schedule and registration information by clicking the "**Register Now!**" button.

PIUS X UNIFORM REMINDER – Sat, MARCH 23

All **8th grade students** attending Pius X in the fall should, if possible, order needed uniform items from 9 a.m.-12 p.m. **Saturday, March 23rd** at the Pius Commons (enter through southeast door #1). For more information: www.piusx.net, under the Parents tab, click on "Uniform Shop". Questions can be directed to Ruth Loberg at ruth.loberg@piusx.net