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Saint Teresa School

*We are a faith-filled Catholic community called by God  
to teach, nurture and guide our children  
to achieve their God-given potential on life's journey to heaven.*

*Faith    Community    Academic Excellence*



October 25, 2017

Dear Parents,

Grace, mercy and peace! I hope you were inspired last week by our presenters, Lori and Eric Doerneman, who gave excellent ideas to enable parents to be more proactive in protecting their children while they are engaged in online activities as well as protecting them from harmful media. Remember you can participate in their free "The Triple Dare" series. Go to: [www.theparentingdare.com/triple-dare](http://www.theparentingdare.com/triple-dare)

To assist you in this endeavor, we are asking all parents to view *A Safe Haven Starts at Home*, an 18-minute program at <http://cmgparent.org/>. Some of you have already done this, but if you haven't, now is the time. Click "Start Learning", then Signup for Free. On the main page choose "A Safe Haven Starts at Home". Following the video, please take the 2-minute quiz and send your paper certificate to the office or email the certificate to [Wendy-GuzmandeCruz@cdolinc.net](mailto:Wendy-GuzmandeCruz@cdolinc.net). I would like each of you (or at least one parent from each family) to watch the video, take the quiz, and provide us with the documentation noted above. Your support is essential in this critical matter, in order for us to serve your children well.

Here are some other free resources for you to use.

***Faith and Parenting Resources*** <http://www.nfcym.org/resources/> ***(This website has it all!)***

- [Strong Catholic Families Facebook Page](#) - "Like" this page to receive daily updates on articles, research, inspiring stories and more for both parents and the leaders who serve them.
- [Strong Catholic Family Faith](#) - a curated website designed to assist parish and school catechetical leaders in supporting and resourcing families in their efforts to offer quality faith formation for children and families.
- [Growing Up Catholic](#) - excellent resources for coaching parents to share their faith with their own children, including catechetical programs, handouts, books, and a free getting started kit.
- [At Home with Our Faith](#) - an award-winning family spirituality newsletter, serving as a source for everyday wisdom from real Catholic parents.
- [Faith First for Families](#)—this website has a special section for parents that is updated each week to bring you the up-to-date resources and articles.
- [Center for Parent/Youth Understanding](#) - committed to building strong families by helping parents understand and respond to the complex world of their children and teens from a distinctively Christian point of view. Especially helpful are the [Resource Page](#) and [CPYU Parent Page](#).
- [Lifelong Faith](#) - a treasure chest of articles, Christian practices and faith-based resources for parishes and parents.
- [Grace Before Meals](#) - a movement to bring families back to the dinner table (away from work, school, TV, games, and the many other things we get caught up in) to share a delicious meal together, communicate and love one another and be nourished, body, mind, and soul. It features easy lessons, tasty recipes and reasons to come together and share in the love that only a family or friend can provide.
- [ParentFurther.com](#) - a parenting website created by the Search Institute offering answers to your "need-to-know-right-now" questions and provides you "with an understanding of what it takes to raise successful kids who will become healthy, responsible, and caring adults."
- [Paradisus Dei](#) - helping families discover the superabundance of God within marriage and family life. It offers free parish-based programs for couples, men, women, moms and daughters and more.
- [For Your Marriage](#) - an excellent resource developed by the United States Conference of Catholic Bishops designed to strengthen and support marriage.
- [Substance Abuse Guide for Parents](#) - A helpful website to inform and resource parents on substance use/abuse and recovery options

FYI - after this week I will not be sending you information like this for a while. Let us pray for each other to keep us from all harm. Remember, "Don't lose heart. I will never forsake you. My Immaculate Heart will be your refuge and the way that will lead you to God." Our Lady of Fatima

In the Heart of the King, I am,

Sister Anne Joelle, CK

**DATES for: October**

25 Wed Report cards issued; Thanksgiving Food Drive for CSS (Oct. 25-Nov. 2)

Happy Birthday, Miss Dinan!

26 PK & K, and Grades 6, 7, & 8 Field Trips

27 PK-B Day

29 Sun. Superbowl of the Saints at CK Motherhouse, 1:00-3:45 p.m.

31 Tues All Saints Parties

**Trick or Treating** at the convent & rectory – **Tuesday, Oct. 31 from 6:30 – 8 p.m.**

**November**

1 Wed **NO SCHOOL**, All Saints Day – Holy Day of Obligation

2-7 Candy Tithing

3 MCA Collection / Lunch Adoration / Exposition, 9 a.m., all day Adoration, followed by Benediction 3:00 p.m.; PK-A Day; Jr. High Dance at St. John's, 7-9 p.m.

4 Sat. Mass of Intention for Sacramental Students and Parents **Saturday at 8:15 a.m.**

Happy Birthday, Rosie Polak!

10 Fri. **12:30 Dismissal** for Faculty Meeting and CLC

**PRAY FOR THESE CARMELITE SISTERS IN FORMATION:** S. Maria-Emmanuel of Merciful Love & S. Teresa Margret of Sacred Heart of Jesus

**THINGS BEING SENT HOME:** Report Cards, Grades K-8; Grades 2 & 5 Field Trip Permission Forms; Junior High Dance Flyer; CSS Bags for the Food Drive

**ATTACHMENTS:** November School & Hot Lunch Calendars; Snack Ideas; Ideas for Healthy Snacks

**SPIRIT CATHOLIC RADIO – HOLY HALLOWEEN!** Join Spirit Catholic Radio in Lincoln for something different this All Hallows Eve—drop by on **Tuesday, October 31, any time between 8 a.m. - 5 p.m.** at the Lincoln station, 630 N. Cotner Blvd., Suite 101. We'll have candy, activities, prizes and drawings, tours of the stations, free prayer cards for kids and a to-go cup of coffee for grownups! Everyone is welcome (with OR without costumes!) and are invited to bring a donation of non-perishable food items to be donated. For details, go to [spiritcatholicradio.com](http://spiritcatholicradio.com) and have a Happy, Holy Halloween!

**CANDY TITHING:** Our annual candy tithing takes place **Nov. 2-3**. This is a great opportunity to teach our students how to tithe and how to be stewards, giving back to God a portion of all that we've received. Also, it teaches them to not only give what they don't like, but to make an extra sacrifice of giving the candy they enjoy the most. Students may place the candy in designated boxes on the second floor.

**CSS THANKSGIVING FOOD DRIVE:** Bags are coming home today and will be picked up on **Nov. 2**.

**REPORT CARDS AND OUTSTANDING FEES:** A reminder of fees owed, overdue library books, or lunch accounts in the negative were sent home last week. Report cards will be released to you as soon as all fees are paid, library books returned or renewed, and lunch accounts settled for the 1<sup>st</sup> quarter. Report cards are scheduled to go home in the Communication Envelopes today, Wednesday, October 25th. Please try to settle all accounts ASAP.

**GROUNDS CLEAN-UP:** **Saturday, November 4**, 9 a.m. until done. We will clean-up St. Teresa Church grounds and install the tarp between the Church and Rectory. Raking leaves, cleaning gutters & flower beds will be much of the work being done to prepare our parish grounds to look beautiful for our annual Bazaar. The more people, the sooner we'll get done. Questions - call Mike Szatko, 402-429-4740 after 4:30 weekdays or anytime during weekend.

**BIRTHDAY REMINDER:** It seems we have been doing much better this year with healthier snacks when food is brought into school. Thank you for your attentiveness to the health of our students. The handbook states: Birthdays may be recognized in many ways without involving food. Therefore, **the school will move towards not allowing edible treats for birthday celebrations** by students or faculty. For the time being, if food is brought in, it should follow the USDA Smart Snacks in School nutrition standards: <http://www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=322432>. Please, no pop or gum, sheet cakes, or items which need to be refrigerated or frozen. Preferably, food items would be pre-cut or individually packaged. Teachers

will distribute gifts at a time that is least disruptive to the class. If students wish to celebrate their birthday/baptismal date, it is preferred that they bring something non-edible such as a sticker, pencil, eraser, or something educational for each student. Students may also donate a book as a gift to the class or library rather than a sweet treat. The librarian will label the book with the student's name and birth date inscribed on the first page. The librarian has a list of suggested books available upon request. See attachment for more healthy food ideas.

**EXTRA WTLW T-SHIRTS:** We have 6 small youth t-shirts and 3 XXXL t-shirts for \$5 each. Contact the office if you are interested.

**INDOOR GAMES NEEDED:** Planning ahead when the cold weather comes. When it is 10 degrees or cooler the students use the gym for lunch recess times. The games we have are falling apart and missing pieces. Do you have any that are not being used anymore that you would like to donate? Bring them to the school office.

### WAYS TO SERVE

**PARISH BAZAAR HELP NEEDED:** November 12<sup>th</sup> Remember 1/3 of the profits from the Parish Bazaar come back to school! This is a great way to build community and funds for the school!

\***Thanks** to the parents who have signed up to help with games and are bringing in items! We have several games with no volunteers. If you are able to help on Sunday, please contact your room parent! Your help is crucial in keeping the games!

\*Please **send game items** to school with your child!

\*7<sup>th</sup> and 8<sup>th</sup> grade students can sign up for a game for service hours! Thanks so much!

\*We need help with **set up on Friday, November 10th** late afternoon or early evening. It will only take about an hour and a half so please email [jillzimmer81@gmail.com](mailto:jillzimmer81@gmail.com) if you can help! Older kids can help too and earn service hours!

\*Men's Club needs help with the **spaghetti feed** during the Bazaar cooking, serving, cleaning, taking money etc... . Shifts are 10:30-12:30; 12:30-2:30; and cleanup crew from 2:30 until cleanup is done. Please contact Mike Szatko at [stsmensclub@gmail.com](mailto:stsmensclub@gmail.com) or 402-429-4740 if you can help.

**HEALTH SCREENING VOLUNTEERS NEEDED:** Our annual health screening is on **Thurs./Fri., Nov. 16 & 17.**

Please volunteer through the following link: [www.SignUpGenius.com/go/30E0F4AAEA72FA6F94-health](http://www.SignUpGenius.com/go/30E0F4AAEA72FA6F94-health)

This is a great way to meet other school parents, and to get to know our students. Training starts at 8 a.m. in the gym. We should be finished before noon. So far we have 2 out of 15 volunteers.

**SCRIP AND PROPLR NEWS: September Profit:** \$1,353. The year to date profit is \$13,037 which is 54% of the \$25,000 goal. Remember, if every school family uses \$100 of Scrip per week our school would earn over \$29,000. When parish families outside of the school are included, our earning potential is extraordinary and at just \$100/week could reach well over \$100,000!! Please use **SCRIP** for groceries, goodies and garb. **Go to [www.shopwithscrip.com](http://www.shopwithscrip.com)** to see all available **SCRIPNow!** and reload options that **prestopay** has to offer. **Thank you for using SCRIP!**

\* Visa Scrip is available in the box! It is not yet on the form, so please write your order in. Cards are available in \$50 and \$100 amounts. Use Visa Scrip at merchants that don't participate in Scrip or Propelr. NOTE: Read over the instructions with your card(s) to learn how you can take advantage of special bonuses offered through participating merchants with the Visa cards. HINT: It is strongly suggested that if you are purchasing a Visa card to use at one particular store, that you would use the whole card to purchase a gift card from the store you are shopping at. This way you will not have to keep track of the Visa balance. You are not able to initiate a transaction for more than the available balance on your card. (If your store total is \$57.50 and you have \$55 on your Visa card, you must ask that \$55 be applied and then use another form of payment for the remaining \$2.50) If you have questions, please ask! We are happy to help make using Scrip simple and convenient!

- For 11 days, from October 21 - 31, a new set of 24-hour flash bonuses from different retailers will be offered through SHOPWITHSCRIP each day. If you're not already signed up for Presto Pay, email [jeandreasen@allophone.com](mailto:jeandreasen@allophone.com) to get signed up. Not sure what Presto Pay and SHOPWITHSCRIP are? Click here for more information: [https://shop.shopwithscrip.com/N2Upload/promotions/anniversary-2017/Anniversary\\_SWS\\_PP\\_Flyer\\_091417.pdf](https://shop.shopwithscrip.com/N2Upload/promotions/anniversary-2017/Anniversary_SWS_PP_Flyer_091417.pdf)
- Please consider volunteering to help with our Scrip program. Do you have approximately one hour per month? The Scrip team is in need of volunteers to help pick up local Scrip orders, sell Scrip after weekend Masses and help promote Scrip in our parish. Please contact the office with your name and phone number if you think you can help!

## UPCOMING EVENTS / REMINDERS

**WOMEN'S VOLLEYBALL NIGHT** - All ladies are invited to a fun evening of volleyball on **Friday, October 27** at 7:30 p.m. in the St. Teresa School gym. Use the south doors off the parking lot to enter. For questions please contact Amy Johnson at [ametten3@yahoo.com](mailto:ametten3@yahoo.com).

**SUPERBOWL OF THE SAINTS:** Join the School Sisters of Christ the King on **Sunday, Oct. 29**, from 1-3:45 pm at Villa Regina Motherhouse. See flyer in Oct. 4<sup>th</sup> attachments.

**JR. HIGH DANCE:** **Nov. 3**, 7-9 p.m. at St. John's gym, \$5 or \$4 with a can of food. Students received a purple flyer.

**MOTHER/DAUGHTER PROGRAM** to promote respect for human sexuality and chastity will be presented on Sunday, **November 12**, from 2:00 - 4:30 p.m. at John XXIII Diocesan Center, 3700 Sheridan Blvd. Girls 10 - 13 years old and their mothers are invited to register. Cost is \$20/girl or \$30/family. **Register by Nov. 5**. More information was attached two weeks ago or contact the Family Life Office for a registration form.

**SONIC DRIVE-IN CONTEST:** Pius X High School is in a contest with the other Lincoln high schools. They are competing for \$1,000, to be donated by Sonic to their booster club. Since Pius colors are green and gold, the flavor of slush drink to be purchased for Pius is green apple lemonade. Pius X Booster Club is very generous in raising money for not only athletics, but also departments like instrumental and vocal music. Pius X Booster Club can be followed on Facebook, Twitter, and Instagram. Whichever school sells the most of their slush will win.

**WORLD BOOK ONLINE** St. Teresa School has a paid World Book Online subscription for all students. [www.worldbookonline.com](http://www.worldbookonline.com) **Log-in ID:** StTeresaLnc **Password:** jayhawks (\*Password is case sensitive.)