

# Wellness

## Festival 2017

Sponsored by St. Teresa Student Council

- **What:** A day where students can recognize wellness in a fun way! Students can wear athletic clothing and participate in a series of fun activities while learning about health at the same time.
- **Who:** Grades Pre-K – 8<sup>th</sup>
- **When:** Friday, October 20<sup>th</sup>
- **Dress code:** You may wear jeans, athletic pants, school appropriate shirt, sweatshirts, and tennis shoes

You may NOT wear shorts, leggings, tank tops, or sandals.