



Baseball / Softball

Ages 7-14 as of 7/17/2019

4 separate age brackets (7/8, 9/10, 11/12, 13/14)

- **PITCH** Throw 6 pitches at "Strike Zone" target (B-45', S-35')
- **HIT** Hit 3 balls from Tee for distance and accuracy
(Contestants may bring their own bat)
- **RUN** Timed run from second to home plate (total - 120)

PRIZES Certificates for top 4 in each event & age group by sport

** (Copy of Birth Certificate needed for registration....No Metal Spikes)* **

4 Lincoln Contests....April 11-17

Hosted by the

Star City Optimist Youth Foundation

Thursday April 11	6-7:30 pm	Fredstrom Elementary 5700 NW 10th St
Monday, April 15	6-7:30 pm	Maxey Elementary 5200 S. 75th
Tuesday April 16	6-7:30 pm	Kahoa Elementary 7700 Leighton Ave
Wednesday April 17	6-7:30 pm	Humann Elementary 6401 Beaver Creek Lane

(Contestants may compete in only 1 Lincoln MLB contest)

Questions?? – Bob Grundman (402-489-9171)

www.starcityoptimists.org