



Baseball/Softball Ages 7-14

as of 7/17/2018

4 separate age brackets (7/8, 9/10, 11/12, 13/14)

- **PITCH** Throw 6 pitches at "Strike Zone" target (B-45', S-35')
- **HIT** Hit 3 balls from Tee for distance and accuracy
(Contestants may bring their own bat)
- **RUN** Timed run from second to home plate (Total -120')

PRIZES Certificates for top 5 in each event & age group by sport

** (Copy of Birth Certificate needed for registration....No Metal Spikes)* **

5 Lincoln Contests....April 23-27

Hosted by the

Star City Optimist Youth Foundation

Monday April 23	6 - 7:30 pm	Optimist Youth Sports Complex 5300 South Folsom
Tuesday April 24	5:30 - 7:30 pm	Kahoa Elementary 7700 Leighton Ave
Wednesday April 25	6 - 7:30 pm	Humann Elementary 6401 Beaver Creek Lane
Thursday April 26	6 - 7:30 pm	Fredstrom Elementary 5700 NW 10th St
Friday April 27	6 - 7:30 pm	Maxey Elementary 5200 S. 75th

(Contestants may compete in only 1 Lincoln MLB contest)
Questions?? – Bob Grundman (402-489-9171)