

The Diocese of Lincoln Family Life Office
and Natural Family Planning Center present



Mother/Daughter Program

For 10-13 year old girls

(Must be accompanied by their mother or other supportive female adult)

Sunday, March 3, 2019 1:00 p.m. - 4:00 p.m.

John XXIII Diocesan Center - Dawson Hall

3700 Sheridan Blvd., Lincoln, NE 68506

The Mother/Daughter Program is an opportunity for mothers and their daughters to explore God's special gift of human fertility and the beauty and wonder of growing up and becoming a woman. Topics include: the changes in a young woman's body as it prepares for motherhood; the onset of ovulation and subsequent menstrual periods; the functions of the female reproductive system; the sacredness of human life; the virtue of chastity; and a confidential question and answer segment.. The purpose of the program is to provide an atmosphere of love and learning to discuss the important topic of growing up and to establish a foundation for continued communication between parent and child.

To register visit: <https://lincolndiocese.regfox.com/mother-daughter-program>

**Reservations are required. Seating is limited.
Reservations must be received by February 25, 2019**

**Cost is \$20 per mother/daughter
or \$30 per family
(nonrefundable)**



Questions regarding the event? Please contact Jennifer Davis at 402-261-6375 or jmdavis17@gmail.com

