

TO: Principals/CCD Coordinators

FROM: Jennifer Davis, Chastity Program Coordinator

SUBJECT: Mother/Daughter Chastity Program in Lincoln

DATE: September 22, 2017

The Family Life Office will sponsor a Mother/Daughter Program to promote respect and appreciation for human sexuality, chastity and fertility. Our program will be Sunday, November 12, from 2:00 - 4:30 pm at John XXIII Center, 3700 Sheridan Blvd. in Lincoln.

This fertility and chastity program is directed to 10 - 13 year old girls and their mothers. The goals are to provide a basis in understanding the gifts of fertility, the value of chastity, and enhance the parent-child communication.

The first hour of this program will explore the gift of human fertility, the positive aspects of growing up and becoming a woman, and emphasize the virtue of chastity. Refreshments will be served. The last hour will be a time for questions and answers, remarks and evaluations.

The enclosed flyer can be reproduced for distribution and/or posted on your church bulletin board.

Thank you for your assistance to make this Mother/Daughter Program a success as well as offer families an excellent opportunity to learn about God's plan for human fertility and love.

MOTHER/DAUGHTER *PROGRAM*

Learning about God's plan for growing up
& valuing His gifts of sexuality.

10 - 13 year old girls

Sunday, November 12, 2017

2:00 - 4:30 PM

John XXIII Diocesan Center

3700 Sheridan Blvd., Lincoln, NE

The program is presented by the Diocese of Lincoln Family Life Office. It is a time set aside for a mother and daughter to explore God's special gift of human fertility and the beauty and wonder of growing up and becoming a woman. Topics include: the changes in a young woman's body as it prepares for motherhood; the onset of ovulation and subsequent menstrual periods; the functions of the female reproductive system; the sacredness of human life; the virtue of chastity; and a confidential question and answer segment. The purpose of the program is to provide an atmosphere of love and learning to discuss the important topic of

growing up and to establish a foundation for continued communication between parent and child.

Cost is \$20.00/girl or \$30/family (non-refundable) for the program and includes a gift for each girl. Reservations are required by November 5. Space is limited so please complete the reservation form below!

MOTHER/DAUGHTER PROGRAM

RESERVATION FORM

We want to attend the program for 10 - 13 year olds on November 12, 2017 in Lincoln

Mother's Name _____
Daughter's Name _____ Age _____
Daughter's Name _____ Age _____
Address _____
City, State, Zip _____
Home Phone _____ Work Phone _____
Parish _____

Books will be available for purchase at the event. To reserve your copy, simply select which book(s) you'd like and add the amount to your registration fee.

_____ "Good Pictures, Bad Pictures: Porn Proofing Today's Young Kids" \$12

_____ "Wonderfully Made Babies: A Catholic Perspective on How and Why God Makes Babies" \$12

Please make check payable to the *Family Life Office* and mail with the reservation form to:

Family Life Office
3700 Sheridan Blvd., Suite 7
Lincoln, NE 68506

Reservation Deadline is November 5, 2017