

32nd Annual KFRX

Mayor's Run

presented by Sandhills Publishing

1 Mile Kid's Run

May 4, 2019

State Capitol

This year the Lincoln Track Club, KFRX, and Sandhills Publishing team up to support Mourning Hope by contributing \$1 of each entry to this local charity.



MORE INFORMATION AT WWW.LINCOLNRUN.ORG

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RUN. HAVE FUN. WIN PRIZES

Runners are automatically entered to win a variety of prizes such Bicycles, Running Shoes, and much more!

Individual Fee & Family Plan:

Individual: \$6.00 entered on or before **April 18, 2019**

Family: \$6.00 for the first family member, and additional immediate family members in the same household are **\$6400**. Family Plan Option must be selected when registering to receive discount and is only available through **April 18, 2019**



REGISTRANTS AFTER APRIL 18 at 11:59pm **WILL NOT** HAVE THEIR PACKET DELIVERED TO THEIR SCHOOL. PACKETS WILL BE AVAILABLE AT PACKET PICKUP.

\$8.00 from April 19 to April 26, 2019.

\$10.00 entered Friday, May 3 from 3-6pm at the Cornhusker Hotel. (t-shirt **NOT** guaranteed)

T-Shirts: T-shirts are awarded to every runner who enters by **April 26 by 11:59pm**. Be sure to mark your size on the entry form.

Early Packet Pickup: Friday, May 3, 3:00 until 6:00 p.m. at the Cornhusker Hotel, at 333 S 13th Street and on the south side of the Capitol on Saturday morning before the run.

Packet Pickup at School: Many schools may have runners packets to pass out to students prior to the race at their school, **if registered by April 18**. Check with your PE teacher to be sure.

Individual Prizes: Runners registered on or before April 18th, 2019 are eligible for randomly chosen prizes, that include: bicycles, bike helmets, running shoes, gift certificates and more! Winners will be given their prizes/certificates with their packets.

Run Date & Time: May 4, 2019 8:00 a.m. Heats will be run at intervals of approximately 15 to 20 minutes.

1st Heat	Boys Grade 5-6	2nd Heat	Girls Grade 5-6
3rd Heat	Boys Grade 3-4	4th Heat	Girls Grade 3-4
5th Heat	Boys Grade 2&under	6th Heat	Girls Grade 2&under

Note: Adults are welcome to accompany a younger runner in heats 3, 4, 5, and 6. If the adult would like to register, they would receive a t-shirt; however, it is **NOT** necessary to register to accompany a younger runner. If you need to walk or plan to take over 12 minutes we encourage you to wait until after the first two heats.

*Pepsi is the Official Beverage
Supplier of the
Kids' Grand Prix*

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REGISTRANTS AFTER APRIL 18 at 11:59pm **WILL NOT** HAVE THEIR PACKET DELIVERED TO THEIR SCHOOL. PACKETS WILL BE AVAILABLE AT PACKET PICKUP.

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