



## **First Annual LCTC Kids Cross Country Races – October 21<sup>st</sup> at Pioneers Park**

Athletes will compete in a cross-country race at Pioneers Park on the high school/college course. Age groups will be based on current grade level and will be run in 2-year intervals. Awards will be presented to the top 8 finishers by gender in each age group. All participants will receive an LCTC shoe bag.

### **Distances and race times (boys and girls will run together)**

K-2 - 2 Kilometers @ 9:00 AM  
3-4 - 3 Kilometers @ 9:30 AM  
5-6 - 3 Kilometers @ 10:00 AM  
7-8 - 4 Kilometers @ 10:30 AM

### **When is Registration?**

Registration is open until October 13<sup>th</sup>. There is an Early Bird discount through October 1<sup>st</sup> and discounts for multiple athletes.

### **How do I register?**

Visit [www.lctrackclub.com](http://www.lctrackclub.com) for information on registration

### **What if I have questions?**

E mail [info@lctrackclub.com](mailto:info@lctrackclub.com) or Call Patrick at 402-770-4413